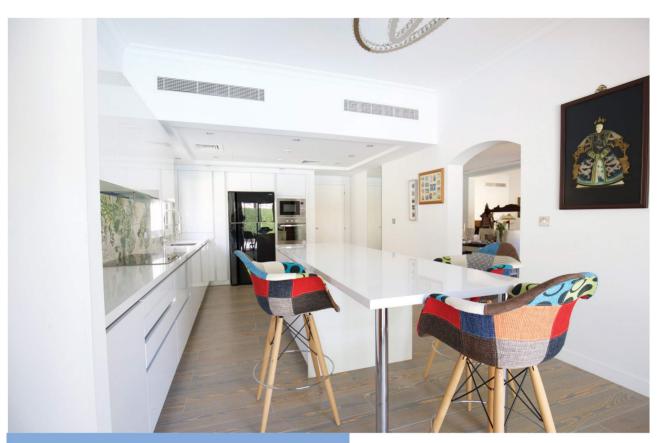
## Kitchen news

The latest inspiration for the heart of your home



## A bright idea

Known for their high-quality finishings and often fun accessorising, we're drawing serious design inspiration from this Meadows villa designed by Smart Renovations. "The family asked for a modern, tropical fusion," explains Cinzia Tedeschi, their interior fitout consultant. The long breakfast bar was a result of the families desire to be able to enjoy breakfasts and dinners in the kitchen. "They wanted a functional space that was also cool and sleek," says Cinzia. We love the all-over white cabientry, with a pop of tropical wallpaper on the backsplash and juxtanosing technicology har stools smartrenovations are



Attention busy mums: Sprout make and deliver wholesome homecooked meals for kids straight to your door. The plant-based meals (which rotate on a weekly rota) are nutritionally backed by science, so all you need to worry about is heating them up and washing out the pots ready for collection the next week – simple! *sprout.ae* 





## A WHOLESOME CHOICE

BORN IN 2020, THE HARVEST IS A FAMILY-RUN, ONLINE GROCERY AND MEAL DELIVERY SERVICE WHICH AIMS TO PROVIDE HEALTHY, ECO-FRIENDLY FOOD. THEY SELL FRUIT, VEGETABLES AND PANTRY GOODS, PLUS HOME-COOKED MEALS LIKE THIS DELICIOUS FISH PIE. THEHARVEST.AE